

Just You & Me Kid

Moving Monkeys:

3 months-crawling (Wobblers)

30 min FREE

Tuesday	9:00 am
Tuesday	6:15 pm
Thursday	1:00 pm
Friday	12:30 pm
Saturday	1:30 pm



Hopping Hares:

2-3.5 years (Runners) 45 min

Monday	10:45 am
Monday	1:45 pm
Monday	5:15 pm
Tuesday	9:45 am
Tuesday	2:15 pm
Tuesday	3:15 pm
Wednesday	9:30 am
Wednesday	5:15 pm
Thursday	9:30 am
Thursday	6:15 pm
Friday	10:30 am
Saturday	8:30 am
Saturday	9:30 am
Saturday	12:30 pm

Jumping Jaguars:

18-26 months (Trotters) 45 min

Monday	9:45 am
Monday	11:45 am
Monday	3:15 pm
Tuesday	11:45 am
Wednesday	10:30 am
Thursday	10:30 am
Friday	11:30 am
Saturday	10:30 am

Climbing Crabs

Crawling - 19 months (Crawlers)

45 min (2nd classes FREE)

Monday	10:45 am
Wednesday	11:30 am
Thursday	11:30 am
Friday	9:30 am
Friday	11:30 am
Saturday	11:30 am

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Preschool Gymnastics

Leaping Lemurs
(3-4 years) 45 min
(must be potty trained)

Monday	9:45 am
Monday	11:45 am
Monday	2:15 pm
Monday	4:15 pm
Tuesday	11:45 am
Tuesday	2:15 pm
Tuesday	3:15 pm
Tuesday	4:15 pm
Tuesday	5:15 pm
Wednesday	9:30 am
Wednesday	1:15 pm
Wednesday	2:15 pm
Wednesday	3:15 pm
Thursday	9:30 am
Thursday	11:30 am
Thursday	1:15 pm
Thursday	2:15 pm
Thursday	3:15 pm
Friday	9:30 am
Friday	1:15 pm
Friday	4:15 pm
Saturday	8:30 am
Saturday	10:30 am

Tumbling Tigers
(4.5-5.5 years) 55 min

Monday	10:45 am
Monday	1:45 pm
Monday	3:15 pm
Monday	5:15 pm
Tuesday	11:45 am
Tuesday	1:45 pm
Wednesday	2:15 pm
Wednesday	4:15 pm
Thursday	1:15 pm
Thursday	4:15 pm
Thursday	5:15 pm
Friday	12:15 pm
Friday	3:15 pm
Saturday	9:30 am
Saturday	11:30 am
Saturday	12:30 pm

Kipping Koalas
(5-6 years) 55min

Monday	4:15 pm
Tuesday	3:15 pm
Tuesday	4:15 pm
Tuesday	5:15 pm
Wednesday	4:15 pm
Wednesday	5:15 pm
Thursday	3:15 pm
Friday	10:30 am
Friday	1:15 pm
Friday	2:15 pm
Saturday	8:30 am
Saturday	11:30 am



gymnasium

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Updated: 7/19/2017

Kindergarten / 1st grade
Girls 55 min

Monday	3:15 pm
Monday	5:15 pm
Tuesday	5:15pm
Tuesday	6:15pm
Wednesday	3:15 pm
Wednesday	4:15 pm
Wednesday	6:15 pm
Thursday	3:15 pm
Thursday	4:15 pm
Thursday	5:15 pm
Friday	3:15 pm
Saturday	9:30 am
Saturday	10:30 am

August 26th 2017- May 25th 2018 Classes Rolling registration
2nd - 4th Grade Girls 55 min

Gymnastics

Boys (K +) 55min

Monday	3:15 pm (2 nd -4 th)
Tuesday	5:15 pm (1-3 rd)
Thursday	4:15 pm (K/1 st)
Saturday	12:00 pm (5 th +)

Monday	3:15 pm
Monday	5:15 pm
Tuesday	5:15 pm
Thursday	5:15 pm
Saturday	8:30 am

3rd - 5th grade Girls 55 min

Monday	4:15 pm
Tuesday	3:15 pm
Tuesday	4:15 pm
Wednesday	4:15 pm
Thursday	6:15 pm
Saturday	10:30 am - 12:00 pm



gymnasium

1st-3rd Grade Girls 55 min

Monday	4:15 pm
Tuesday	3:15 pm
Tuesday	4:15 pm
Wednesday	3:15 pm
Wednesday	4:15 pm
Wednesday	5:15 pm
Wednesday	6:15 pm
Thursday	4:15 pm
Thursday	6:15 pm
Friday	3:15 pm
Saturday	9:30 am

Tumbling

Monday	6:15-7:10 pm 4 th +
Monday	*7:00 pm-8:30pm 8 th +
Tuesday	4:15-5:10 pm 3 rd -6 th
Tuesday	6:15pm-7:45pm 5 th +
Wednesday	6:15 pm-7:10 pm (4 th -7 th)
Wednesday	7:00pm-8:30pm 7 th +
Thursday	3:15 pm-4:10 k/1 st
Thursday	4:15 pm-5:10 pm 2 nd -4 th
Thursday	*5:15pm-6:45 pm 4 th +
Friday	4:15 pm 3 rd +

4th- 6th Grade + Girls

Tuesday	5:15 pm
Wednesday	5:15 pm
Thursday	6:15 pm

Rec Stars**

Monday	6:45 pm - 8:15 pm (3 rd -6 th)
Thursday	3:15pm - 4:45 pm (3 rd - 6 th)
Thursday	4:45 pm - 6:15 pm (k-2 nd)
Thursday	6:15 pm - 7:45 pm (k-2 nd)

*back handspring required

**Requires participation in our Rec Stars Showcase

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J-Fit and J-Sport

J-Sport
adult participation
(2-3.5 years) 45 min

Monday	9:45 am
Monday	1:15 pm
Tuesday	10:45 am
Wednesday	10:30 am
Wednesday	4:15 pm
Thursday	9:30 am
Friday	10:30 am

J-Sport
(K-2nd grade) 55min

Monday	4:15 pm
Tuesday	3:15 pm
Wednesday	5:15 pm

J-Fit
(5 yrs- Adult) 45min

Tuesday	1:45 pm (4-5 yrs)
Tuesday	6:15pm (11 yrs+)
Tuesday	7:15 pm (15 yrs+)
Wednesday	3:15 pm (4-5 yrs)
Wednesday	7:15 pm (9 yrs+)
Thursday	5:15pm (6-9 yrs)
Thursday	6:15pm (9-11 yrs)
Friday	11:30 am (4-5 yrs)
Friday	2:15 pm (4-5 yrs)
Friday	3:15 pm (4-5 yrs)
Friday	4:15 pm (6-9 yrs)

J-Sport
(3-4 years) 45 min
(must be potty trained)

Monday	10:45 am
Monday	2:15 pm
Tuesday	9:45 am
Wednesday	9:30 am
Wednesday	10:30 am
Wednesday	1:00 pm
Thursday	11:30 am
Friday	9:30 am
Friday	2:15 pm
Saturday	11:30 am



J-Sport
(4-5 years) 55 min

Monday	3:15 pm
Tuesday	2:15 pm
Tuesday	4:15 pm
Thursday	2:15 pm

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Cirque/Cheer/Stay and Play

Stay and Play
(members:\$5 Non members:\$10)**

Monday	12:15 pm - 1:15 pm
Wednesday	12:15 pm - 1:15 pm
Thursday	12:15 pm - 1:15 pm
Friday	12:15 pm - 1:15 pm

**Children must be accompanied by an adult. Children 6 and older may be dropped off for additional \$5.

Cheer

Saturday	11:30 am – 12:25 pm K-2nd
Saturday	12:30 pm – 2:00 pm 3rd-7th



Acro 3rd grade+ 1.5 hours

Monday	5:15 pm
Wednesday	5:15pm (55 min)

Silks 55 min

Monday	6:15 pm (Intermediate- coach approval required)
Monday	7:15pm (Beginner)
Wednesday	6:15pm (Beginner)
Friday	6:15 pm (Beginner) 45 Minutes
Friday	7:00-7:30 open silks practice \$5

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