

Just You & Me Kid

Moving Monkeys:

3 months-crawling (Wobblers)

30 min FREE

(24 Hour Notice Required)

Tuesday	9:00 am
Tuesday	6:15 pm
Thursday	1:00 pm
Friday	12:30 pm
Saturday	1:30 pm



Hopping Hares:

2-3.5 years (Runners) 45 min

Monday	10:45 am
Monday	11:45 am
Monday	1:45 pm
Monday	3:15 pm
Monday	5:15 pm
Tuesday	9:45 am
Tuesday	2:15 pm
Tuesday	3:15pm
Wednesday	9:30 am
Wednesday	4:15 pm
Wednesday	5:15 pm
Friday	9:30 am
Friday	11:30 am
Saturday	8:30 am
Saturday	9:30 am
Saturday	12:30 pm

Jumping Jaguars:

18-26 months (Trotters) 45 min

Monday	9:45 am
Tuesday	11:45 am
Wednesday	10:30 am
Thursday	10:30 am
Friday	10:30 am
Saturday	10:30 am

Climbing Crabs

Crawling - 19 months (Crawlers)

45 min (2nd classes FREE)

Thursday	11:30 am
Wednesday	11:30 am
Friday	9:30 am
Saturday	11:30 am

Hopping Hares/ J-Sport Combo

(2-3.5 years) 45min

Thursday	9:30 am
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404-252-JUMP (5867)

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Preschool Gymnastics

Leaping Lemurs
(3-4 years) 45 min
(must be potty trained)

Monday	9:45 am
Monday	11:45 am
Monday	2:15 pm
Monday	4:15 pm
Tuesday	10:45 am
Tuesday	11:45 am
Tuesday	1:45 pm
Tuesday	3:15 pm
Tuesday	4:15 pm
Tuesday	5:15 pm
Wednesday	9:30 am
Wednesday	11:30 am
Wednesday	1:15 pm
Wednesday	2:15 pm
Wednesday	3:15 pm
Thursday	9:30 am
Thursday	11:30 am
Thursday	1:15 pm
Thursday	2:15 pm
Thursday	3:15 pm
Friday	9:30 am
Friday	1:15 pm
Friday	4:15 pm
Saturday	8:30 am
Saturday	10:30 am
Saturday	11:30 am

Tumbling Tigers
(4.5-5.5 years) 55 min

Monday	10:45 am
Monday	1:45 pm
Monday	3:15 pm
Monday	5:15 pm
Tuesday	11:45 am
Tuesday	1:45 pm
Tuesday	2:00 pm
Wednesday	2:15 pm
Wednesday	4:15 pm
Thursday	1:15 pm
Thursday	3:15 pm
Thursday	4:15 pm
Thursday	5:15 pm
Friday	12:15 pm
Friday	2:15 pm
Friday	3:15 pm
Saturday	9:30 am
Saturday	11:30 am
Saturday	12:30 pm

Kipping Koalas
(5-6 years) 55min

Tuesday	3:15 pm
Friday	1:15 pm
Saturday	8:30 am
Saturday	11:30 am



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Kindergarten /1st grade Girls 55 min

Monday	3:15 pm
Monday	4:15 pm
Monday	5:15 pm
Tuesday	4:15 pm
Tuesday	5:15 pm
Tuesday	6:15 pm
Wednesday	3:15 pm
Wednesday	4:15 pm
Wednesday	6:15 pm
Thursday	3:15 pm
Thursday	4:15 pm
Thursday	5:15 pm
Friday	3:15 pm
Saturday	9:30 am
Saturday	10:30 am

1st-3rd Grade Girls 55 min

Tuesday	3:15 pm
Tuesday	4:15 pm
Wednesday	3:15 pm
Wednesday	4:15 pm
Wednesday	5:15 pm
Wednesday	6:15 pm
Thursday	4:15 pm
Thursday	6:15 pm
Friday	3:15 pm
Saturday	9:30 am

Gymnastics

Boys (K +) 55min

Monday	3:15 pm (2nd-4th)
Tuesday	5:15 pm (1st-3rd)
Wednesday	3:15 pm (1st-3rd)
Thursday	4:15 pm (K/1st)



Tumbling

Monday	6:15 pm - 7:10 pm (4th +)
Monday	*7:00 pm - 8:30 pm (8th +)
Tuesday	4:15 pm - 5:10 pm (3rd-6th)
Tuesday	6:15 pm - 7:45 pm (5th +)
Wednesday	6:15 pm - 7:10 pm (4th-7th)
Wednesday	7:00 pm - 8:30 pm (7th +)
Thursday	3:15 pm - 4:10 pm (2nd-4th)
Thursday	5:15 pm - 6:45 pm (4th +)

***Back Handspring Required**

2nd - 4th Grade Girls 55 min

Monday	3:15 pm
Monday	4:15 pm
Monday	5:15 pm
Tuesday	3:15 pm
Tuesday	4:15 pm
Tuesday	5:15 pm
Thursday	5:15 pm
Saturday	8:30 am

3rd-5th grade Girls 55 min

Wednesday	4:15 pm
Thursday	3:15 pm
Thursday	6:15 pm
Saturday	10:30 am - 12:00 pm

4th- 6th Grade + Girls

Tuesday	5:15 pm
Wednesday	5:15 pm
Thursday	6:15 pm

Rec Stars

Monday	6:45 pm - 8:15 pm (3 rd -6 th)
Tuesday	6:15 pm - 7:45 pm (K-2nd)
Thursday	4:15 pm - 5:45 pm (2 nd -4 th)

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J-Fit and J-Sport

J-Sport adult participation (2-3.5 years) 45 min

Monday	9:45 am
Monday	1:15 am

J-Sport (4-5 years) 55 min

Monday	3:15 pm
Tuesday	1:45 pm
Tuesday	4:15 pm
Wednesday	9:30 am
Wednesday	1:15 pm
Thursday	2: 15 pm
Friday	9:30 am

J-Sport (K-2nd grade) 55min

Tuesday	3:15 pm
Wednesday	5:15 pm

J-Sport (3-4 years) 45 min (must be potty trained)

Monday	10:45 am
Monday	2:15 pm
Tuesday	9:45 am
Wednesday	10:30 am
Thursday	10:30 am
Friday	10:30 am
Friday	2:15 pm
Saturday	11:30 am

J-Fit (5 yrs- Adult) 45min

Tuesday	11:00 am (Adult)
Tuesday	6:15 pm (11yrs +)
Wednesday	3:15 pm (4-5yrs)
Wednesday	7:15 pm (9yrs +)
Thursday	6:15 pm (9yrs +)
Friday	11:30 am (4-5yrs)
Friday	4:15 pm (6-9yrs)



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Cirque/Cheer/Stay and Play

Stay and Play

(Members: \$10 /Non-Members: \$15)

Monday	12:15 pm - 1:15 pm
Tuesday	12:15 pm - 1:15 pm
Wednesday	12:15 pm - 1:15 pm
Thursday	12:15 pm - 1:15 pm
Friday	12:15 pm - 1:15 pm

Silks

Monday	7:00 pm – 7:45 pm (Intermediate)
Thursday	7:00 pm – 7:45 pm (Beginner)

Cheer

Saturday	12:30 pm – 1:25 pm (K-2nd)
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**Children must be accompanied by an adult. Children 6 and older may be dropped off for additional \$5.



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